



Sex and Relationship Education Policy

Sex Relationship Education(SRE) is an essential lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love, care and family life. It recognises that families come in a variety of forms and values all for their individuality.

It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

Benson CE Primary School is committed to valuing all God’s children through the teaching of PSHCE and SRE. https://www.churchofengland.org/sites/default/files/2017-11/Valuing%20All%20God%27s%20Children%27s%20Report_0.pdf

Teachings aims to:

- Be developmental and appropriate to the age and stage of the child. Common starting levels must not be assumed.
- Put forward factual knowledge and encourage the exploration of facts
- Examine opinions and concepts and encourage discussion
- Encourage awareness, respect and responsibility for oneself and others.
- Make links between aspects of the science curriculum, values education and PSHCE.
- Work positively with parents to support learning

DFE Requirements:

SRE is compulsory from age 11 onwards, when children are at a secondary age. However, primary maintained schools are also required to teach the elements of changes in our bodies through puberty to reproduction (Year 5)

Teaching Sequence:

Year Group	Content within the Curriculum Supported Through Life Bus Annually and School Nurse For Years 5 and 6
Nursery	Self- care, independence, valuing others
Reception	Self-care, Families, Parts of the body
Year 1	Detailed Parts of the Body and Skeleton, Healthy Living, Linking values to relationships between friends. Healthy eating, people who help me, my family, online safety, exercise. Speaking nicely to others, Respect, Privacy-bodies
Year 2	Healthy Living, Keeping safe, online safety, Medicines and how they should be used, feelings and behaviours, exercise,
Year 3	Feelings, Respecting others and differences, medicines.
Year 4	Feelings and Behaviours, Online safety, Exercise, Relationships with others and bullying, Different types of families, Choices, Medicines.

Years 5 and Year 6	Puberty, Changes to bodies, Reproduction, School nurse, feelings and behaviours, peer pressure, Medicines/Drugs. Media portrayal of family life, Risk taking. NSPCC presentation. Online relationships and expectations Attitudes and consent within different cultures.
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Monitoring of SRE

All resources are chosen and evaluated to ensure that they are:

- Up to date
- Inclusive, including different types of sexuality
- Promote positive, healthy and unbiased messages
- Age appropriate
- Promote positive values
- Accurate- in terms of content
- Shared with parents
- Monitored by the Teaching and Learning Committee

Confidentiality

All staff aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, could lead to disclosure or a child protection issue. Staff cannot offer or guarantee absolute confidentiality and if a student should disclose a matter which potentially could/or placing them at harm, then this would be shared with the schools Designated leads for Child Protection(Mrs H Crolla HT, Mr A Thorpe, AHT and Mrs L Reddy, AHT) Further details can be found within the Child Protection Policy (website, staffroom and main entrance)

Right of Withdrawal

Some parents/carers prefer to take the responsibility for aspects of this element of education. They have the right to withdraw their children from all or parts of the sex and relationship education (except for the statutory content within the science curriculum) Parents are encouraged to discuss their feelings with teaching staff/school nurse at the earliest opportunity.